

If someone wants to
talk to you about
your behaviour, and
you listen, you are
part of the solution,
not part of the
problem.

Consent is enthusiastic, ongoing, and
expressed both verbally and non-verbally.
Let's work together to create a healthy and
safe consent culture.

“You sound like you’re not sure, would you like some time to think about it?”

Consent is enthusiastic, ongoing, and expressed both verbally and non-verbally. Let’s work together to create a healthy and safe consent culture.

“Was there anything about this that you would have liked to go differently?”

Consent is enthusiastic, ongoing, and expressed both verbally and non-verbally. Let's work together to create a healthy and safe consent culture.

“That’s totally fine,
thank you for telling
me what your
boundary is.”

Consent is enthusiastic, ongoing, and
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safe consent culture.

“Are you feeling like
a conversation at the
moment?”

Consent is enthusiastic, ongoing, and
expressed both verbally and non-verbally.
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safe consent culture.

“I'd like to talk to you
about a boundary I
have.”

Consent is enthusiastic, ongoing, and
expressed both verbally and non-verbally.
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safe consent culture.

You don't need to
change your
boundaries for
someone.

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safe consent culture.

“I'm feeling a bit of
uncertainty, can we
pause?”

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“Sometimes I don’t
want to say no but I
still need some time
to think about it
before I can say yes.”

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“My answer is yes
but I want to take a
bit of time to think
about it just to make
sure.”

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safe consent culture.

“By the end of my first burn I was so overwhelmed from all the people hugging me and touching me.”

Remember, everyone's experience is different. Let's work together to create a healthy and safe consent culture.

“Sometimes when a person keeps coming too close to me on a dance floor it can actually be really scary.”

Remember, everyone's experience is different. Let's work together to create a healthy and safe consent culture.

If someone wants to talk to you about your behaviour, it's OK to feel defensive and still listen.

Consent is enthusiastic, ongoing, and expressed both verbally and non-verbally. Let's work together to create a healthy and safe consent culture.

Saying no can be
harder than it looks.
Ask kindly.

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safe consent culture.

If it was hard to hear
a 'No', try to have
your conversation
about that with a
different person.

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expressed both verbally and non-verbally.
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If substances are involved, you could be breaching someone's boundary even if they verbally consent.

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Body language by
itself can't say "Yes",
but it can say "No".

Consent is enthusiastic, ongoing, and
expressed both verbally and non-verbally.
Let's work together to create a healthy and
safe consent culture.

You don't have to
have all the answers.
We're all learning
together.

Consent can be complex. Let's work
together to create a healthy and safe
consent culture.

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Boundaries can be
different for every
person and in every
moment.

Consent can be complex. Let's work
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Just because it's ok
now doesn't mean
it's ok later.

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It's not that you're shy
or incapable, it's that
you haven't practiced
with these tools yet.

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consent culture.

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Boundaries look
different for everyone,
we're always learning.

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It's OK if you haven't
figured out where your
boundaries are yet.

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together to create a healthy and safe
consent culture.

If someone says “No”,
they might not be
feeling like explaining
themselves either.
That’s OK.

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together to create a healthy and safe
consent culture.